***Emergency contraception template:***

-Time since UPSI

-Date LMP

-Length cycle

-Any previous episodes UPSI since LMP

PMH including pregnancies/ miscarriages/ TOP

Medications ( in particular liver enzyme inducers eg drugs for epilepsy)

1) Levonelle 1.5mg licensed up to 72 hrs post UPSI Unlicensed up to 120 hours( double dose if on liver enzyme inducer medication)

Can be used on multiple occasions within one cycle and also if previous episodes UPSI in cycle

2) Ullapristal licensed up to 120 hours post UPSI but can only be used x1 in cycle and not if previous episodes UPSI in cycle ( progesterone blocker)

3) Copper IUD offered (MOST EFFECTIVE OF EC METHODS) Please give oral treatment at same time as referral for IUD in case DNA or fit unsuccessful.

(can be used even if previous episodes UPSI since LMP up to 5 days after earliest predicted ovulation date in that cycle , ovulation is calculated as 14 days prior to earliest predicted date of 1st day next period Can refer to local **SWISH (Somerset Wide Integrated Sexual Health),**  0300 3230036

-Chlamydia screening offered as appropriate

-Follow up with pregnancy test no earlier than 3 weeks after last episode UPSI

-Quick starting contraception offered

-Fraser competent for consent