

Opportunities with the new Careers Plus programme for nurses working within Primary Care.

A 10-session, funded programme, held over 5 months, which is aimed at nurses who are in the mid to later part of their careers. This programme has been developed with a supportive, coaching focus and is designed to help nurses discover a more fulfilling work life balance and therefore support practices in the retention of those experienced staff who are vital to Primary Care.

There are only a small number of places unfilled for the first programme which starts in October 2023 so please do contact [sphadmin@nhs.net](mailto:sphadmin@nhs.net) for more information and learn how you or your practice can benefit from this new and exciting programme.