

**SGPET Diabetes Study Day Study Day**

**Wednesday 18 October 2023, 9am-4.30pm**

**Taunton Racecourse & Virtual via Zoom**

**Programme**

08.45-09.15 **Arrival Refreshments**

09.15-09.30 **Welcome & Introduction**

09.30-10.15 **Podiatry and Foot Care Update**

*(Helen Druitt Podiatrist & Educator and Sarah Ayles, Lead Podiatrist, Somerset FT)*

10.15-11.00    **A Foundational Diet for T2DM, Remission and Why a Personalised Approach Matters**

*(Lesley Harper, Project Officer Lead for NHS Type 2 Diabetes Path to Remission Programme, NHS Somerset)*

11.00-11.30     **Coffee**

11.30-12.30 **Lipids**

*(Peter Fee, NHS Somerset CVD Clinical Champion and Pharmacist)*

12.30-13.30     **GLP1s**

*(Rhodri King, Consultant Endocrinologist, Somerset FT)*

13.30-14.30     **Lunch**

14.30-15.30     **Type 3c diabetes and Rescue Remedy**

 (*Su Down, Consultant Diabetic Specialist Nurse, Somerset FT)*

15.30-16.00     **Tea**

16.00-16.30     **High risk patient project- why and how?**

*(James Loder and Team, Director of Development, Somerset Primary Health Care)*

16.30     **Close**

***This event will be sponsored by TBC via the purchase of exhibition stand space. No input to this agenda has been made by above supporting companies.***