## 'Focus on…'

We are continuing our series of one-hour lunchtime sessions which focus on the opportunities and challenges of building a multi-disciplinary team in primary care and adding to our workforce through the additional roles reimbursement scheme.

# Our next session is on Thursday 25<sup>th</sup> May 2023 13.00-14.00. We will hear from three Occupational Therapists.

We hope this will make them accessible to lots of busy colleagues across our South West region. We will focus on one ARRS role, patient pathway, disease area or retention challenge each session, and will have speakers to share their experience, perspective, and expertise. We hope the sessions will be informative and thought provoking. The session is open to everyone and we encourage wide participation from all disciplines, clinical and non-clinical.

## Session two: Focus on Occupational Therapists (25<sup>th</sup> May 2023, 13.00-14.00)

The aim of this session is to enable a greater understanding of the breadth and depth of the Occupational Therapists role and the impact these practitioners are having on our patients' lives. Speakers will also talk about the integration of this role in the multi-disciplinary primary care network team with some focus on practitioners in a Primary Care MDT who practice via a bio-psycho-social model rather than a medical one. We will hear from three Occupational Therapists. Our speaker information is below.

**Nikki Mead:** Nikki is the Professional Lead for Occupational Therapy in the South West region. She is a clinical specialist for neurological conditions. Nikki is passionate about the role of OTs and focused on making this role work in the primary care setting. She is a subject matter expert on all aspects of OT work and the frameworks for these practitioners.

**Julie Mitchell:** Julie has worked in the NHS for 29 years, with 17 of those as an OT. She has worked primarily in older adult mental health settings and joined her PCN in Somerset in 2022. Her work has been focused on Health Inequalities, which she describes as 'amazing'! Working in a primary care setting has enabled Julie to expand and develop her skills.

**Cat Barnet:** Cat has been working with Tone Valley PCN for six months having qualified 6 years ago. Before joining a primary care team, Cat worked in older adults physical health settings. Cat brings fresh eyes and real passion and enthusiasm for making a difference in peoples' lives.

#### Join on your computer, mobile app or room device

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690052037@t.plcm.vc

Video Conference ID: 126 030 259 9

**Alternate VTC instructions** 

#### Upcoming sessions, order to be confirmed – Focus On. Ideas welcome!

- Physicians Associates
- Podiatrists

If you would like more information, have ideas for further sessions or would like to offer to present, please email the team <a href="mailto:england.swgptp@nhs.net">england.swgptp@nhs.net</a> or contact Zed Moore <a href="mailto:z.moore@nhs.net">z.moore@nhs.net</a>

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