

GLOUCESTER 2023
INVITATION TO:
GPs, PRACTICE NURSES,
& ALL PRIMARY CARE MEDICS

GP Forum | **HEALTH EDUCATION**
GP Forum, Handley Lodge Farm, Handley Lane, Handley, Chesterfield S45 9AT
T: 01246 861 711 E: info@gpforum.com www.gpforum.com

You are invited to attend the following Primary Care programme. A Certificate of Attendance will be issued along with a Personal Development Plan summary form, which will be supplied for your portfolio. Any lecture notes provided by the speakers will be available to download.

FORMAT: "Interactive Learning" with presentations giving ample time for face to face questions and discussion with speakers.

VENUE: ROBINSWOOD HOTEL, MARLSTON CLOSE, ROBINSWOOD HILL, GLOUCESTER, GL4 6EA

WEDNESDAY 8TH MARCH 2023

WOMEN'S HEALTH

Registration fee £20 - 3 HOURS CPD

11.45am **Registration**

12noon **Light Lunch**

1.00pm **"MANAGING HORMONAL CHANGES IN THE LIFE STAGES OF WOMEN"**

"Dealing with the perimenopause & menopausal transition"

- a. **Symptoms and manifestations of the hormonal change:** including menstrual problems, mood changes and "reproductive depression", insomnia, migraine, thermoregulation, joints, collagen
- b. **HRT: time for a comeback:** What do we mean by HRT, different regimes, facts and fiction about risks and benefit, women with complex problems and early menopause, starting and stopping, local HRT.
- c. **Alternatives to HRT:** are they more "natural" and what is the evidence for their efficacy?

Dr Ravi Vandhana

Gloucester Royal Hospital

2.15pm **Refreshments**

2.45pm **"ENDOMETRIOSIS & FIBROIDS"**

Dr Jothi Doraiswamy

Gloucester Royal Hospital

4.00pm **Questions, Discussion - Close**

(Programme may be subject to change)

How to book:

Registration Fee: £20 (VAT inc). For our BACS details email info@gpforum.com

- E-mail info@gpforum.com (**Preferred method of booking**)
- Website www.gpforum.com
- Or complete the registration form below and send to: GP Forum, Handley Lodge Farm, Handley Lane, Handley, Chesterfield S45 9AT

We look forward to your attendance at what is sure to be a very informative and enjoyable event(s).



REGISTRATION FORM - GLOUCESTER WEDNESDAY 8th MARCH 2023

Complete in **CAPITALS** Name: Job title:

In the interests of the economy
and the environment we would
to respond to you by email.

Your email:

Surgery / P/Manager email:

Surgery Address:

..... Postcode: Tel:

CCG:

Lunch - tick box Standard ☐ Vegetarian ☐

I enclose a cheque for **£20** Cheque made payable to **GP Forum**.

Please return to: GP FORUM, HANDLEY LODGE FARM, HANDLEY LANE, HANDLEY, CHESTERFIELD S45 9AT

Signed: