

**SGPET Leadership, Being an Enabler Study Day**

**Wednesday 18th January 2023 9am-5pm, Taunton Racecourse**

**Programme**

09.00-09.30 **Arrival Refreshments**

09.30-10.30 **Welcome & Start ‘What is Leading?’** *(Dr John Martin, SGPET Educator & Somerset GP)*

* Understand “Lead”
* Leading v Managing

**Understanding Yourself is Key to Being an Effective Leader**

* Using the Johari Window to Understand Yourself

**Different Styles of Leading** *(Dr Chris Merrett, GPST3 in Specialist GP Training)*

10.30-11.00     Coffee

11.00-12.30     **Opportunities to Develop as a Leader** *(Dr John Martin)*

**Why Doctors Break** *(Dr Aaron Barry, GPST3 in Specialist GP Training)*

**What makes a Good/Bad Leader** *(Dr Bridget Carne, Multi Professional Educational Lead)*

12.30-13.30     Lunch

13.30-14.45     **All Multi-professionals can become Leaders in Healthcare** *(Anne Marie Young, Somerset Nurse Practitioner & SGPET Educator)*

**High5 Strength Finder Test** *(Dr John Martin)*

14.45-15.00     Tea

15.00-17.00     **My Lead Leadership Story** *(Dame Shan Morgan, Chair, Royal Devon & Exeter NHS Foundation Trust & Northern Devon Healthcare NHS Trust)*

**What Strengths do I have to help me Lead?** *(Dr John Martin)*

* High5 Strength Finder Self-Test

**What Next in your Leadership Journey?** *(Speaker Panel)*

**Summary**

17.00     Close

***This event will be sponsored by the Pharmaceutical Industry***