

Digital Rectal Examination (DRE) - Free Lunchtime Training Sessions

Available to all clinical practitioners (Paramedics, PAs, Pharmacists, Physiotherapists, Nurses, ANPs and GPs) who work in Somerset and want to *learn or refresh* their knowledge and skills in digital rectal examination (DRE). These sessions are organised jointly by Somerset ICB and the Somerset Training Hub.

Background:

2 WW Lower GI referrals require all patients to have had a DRE (digital rectal examination) before being referred to secondary care, sadly this is only happening 67% of the time, which puts some patients at risk of a cancer being missed. DRE is used for assessment of benign conditions such as piles and fissures in addition to checking for cancer of the rectum, anus and prostate and it is therefore an essential skill for anyone seeing patients with symptoms that may be suggestive of these conditions.

Aims and Objectives:

The training offered will involve pre-course learning material (see below), a short interactive presentation on the day followed by practical experience and training in how to perform a DRE using a 'dummy' pelvis. Following attendance of the training session it will be necessary to get your competence in DRE Examination signed off by a GP within your practice using an OSCE form provided on the day to take away with you (for anyone who is not using this as a refresher course).

Date	Venue	Time
16.09.2022	The Living Better Hub, Bossington Suite The Old Hospital The Avenue Minehead Somerset TA24 5AY	1-3pm
30.09.2022	Glastonbury Surgery Feversham Ln, Glastonbury BA6 9LP	1-3pm

Pre-Course material: [Rectal Examination](#) | [PR Examination](#) | [Geeky Medics](#)

If you are interested in attending one of these two initial training sessions then please email Jennie Russell, Cancer Transformation Lead Officer at Somerset ICB on jennie.russell3@nhs.net to book a place.

More dates will be available at venues located around Somerset from September onwards (more details to follow).

