

What's On - Friday Forums 2022

To register interest / book a place please email ellen.welch2@nhs.net

Date	Topic	Content
28 th January, 2022	An Update Session For Primary Care	<p>To include</p> <ul style="list-style-type: none"> • “Lipids Simplified” with Dr Alex Bickerton (Consultant in Diabetes & Endocrinology at YDH) including making sense of the lipid profile and triglycerides – why they matter • “How not to miss a serious cause for chest pain remotely or face to face” with Dr Chris Campbell, Associate Medical Director for Devon Docs and Honorary Senior Clinical Lecturer Exeter Medical School and RCGP Educational Lead For Tamar Faculty
18 th February, 2022	Mental Health Problems in Children	<p>With increasing pressure on secondary care services, more and more mild to moderate cases of mental health problems in children are remaining under the responsibility of primary care. This interactive case based workshop will help colleagues to</p> <ul style="list-style-type: none"> • explore the background to children's mental health problems incl behavioural issues, depression /anxiety, and more serious developmental problems • create pragmatic solutions to help navigate the murky waters of referrals, and clarify local resources and referral pathways • share some simple tips to help parents cope (while waiting to be seen or when the referral is rejected) • explore ways we can all help to promote positive mental health in children
4 th March, 2022	“Working with Trauma”	<p>In this workshop, Dr Erika Andrews (GP at Bruton Surgery and Population Health Fellow) will explore the impact trauma has on our child and adult patients and how we can recognise the problem and work with our patients. In particular we will be exploring</p> <ul style="list-style-type: none"> • How to motivate children to choose healthy behaviours • The impact of trauma and adverse childhood experiences / health inequalities on the health of our practice populations • The specific impact that Covid and the lockdowns /restrictions have had and how this has been magnified in our most disadvantaged patients