

A Community Approach to Overcoming Adverse Childhood Experiences in Somerset

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The training will:

- Explore the medical and psychological evidence-base underpinning Adverse Childhood Experiences (ACEs), including the lifelong health and psychological impacts of ACEs.
- Consider how we can use psychoeducation to support children and families.
- Explore practical strategies for healthcare settings to recognise those families with ACEs and be able to intervene, offer support and signpost.
- Discuss the similarities and differences between neurodevelopmental conditions such as Autism and ADHD, and the impact of adverse experiences on brain development and future relationships/behaviour.

If you attended the Somerset Foundation Trust Level 3 Attachment and ACEs training – you are very welcome to join this session for a refresher, however there will be similarities in terms of content.

Join us via Microsoft Teams for one training session on either:

- **Thursday 16th December 2021 at 1-3pm**
- **Wednesday 16th February at 3-5pm**

To book your free place and receive the virtual training link
please complete this short form <https://bit.ly/3Dw5bPL>

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