

## Somerset New To Practice General Practice Fellowship Programme for Newly Qualified GPs.

### Introduction

This fellowship is part of NHS Long Term Plan Commitment to aid primary care workforce recruitment and retention.

The fellowship is considered an entitlement for ALL newly qualified GPs who hold a substantive post. Somerset GP Education Trust and Training Hub are delighted to present the NHS England and NHS Improvement (NHSE/I) New to Practice Fellowship within Somerset.

This 2 year programme is designed to provide personalised support to newly qualified GPs to help gain confidence and to develop enjoyable, fulfilling and sustainable careers in general practice. It is a wonderful opportunity to learn without having a formal assessment.

Welcome to the fellowship programme and we hope you enjoy your journey with us and everything that Somerset can offer.

### Programme Overview

20/21 current NHSE fellowship guidance is available here [PowerPoint Presentation \(england.nhs.uk\)](https://www.england.nhs.uk/fellowship/). There are regional variations and we have refined it to the needs of our Somerset GPs.

The National framework sets three areas of focus for the fellowship:

1. Support and Networking
2. Learning and Development
3. Portfolio working.

Our Somerset programme will continue to innovate and respond to your feedback and changing needs and aspirations. We shall be running sessions that will be developed as per your requests and plan to collaborate some activities with the Fellowship for Somerset's New to Practice Nurses.

### 1. Support and Networking

#### Induction

Thursday evening 7<sup>th</sup> April 2022 7.30-8.30pm General introductions to the fellowship hub by Catherine Ievers.

#### Peer-to Peer support

Being a GP can sometimes feel solitary. This fellowship offers opportunities to keep in touch with other peers hidden around the bends and hills of Somerset.

- A WhatsApp group will be formed with our fellows.
- SGPET membership includes the opportunity to attend the virtual Somerset's First Five evening meetings.

- Lunch time meetings with speakers will also continue with Zoom meet ups at 13:00-13:30, monthly on a Thursday by Dr Catherine Ievers. We encourage all to join this and it is short so that you can attend even if you are at work.
- Encouraged to join the fellow's peer support groups running on various days of the week.

### **Clinical Supervision**

It is desirable that fellows receive regular support and clinical supervision meetings with their practice.

### **Mentorship and Coaching**

Each fellow will be matched with an experienced external mentor who will provide support, direction and an objective view on how each GP can develop and progress. These meetings will occur monthly and further details will be sent out over the coming months. There will also be access to career coaching in the second year.

## **2. Learning and development**

### **CPD time**

Fellows will benefit from 1 session per week pro rata for CPD time (see table below). It is considered to be an addition to your current job contract and in addition to any CPD time in your existing contract.

This time will cover programme attendance such as induction, peer support, mentoring, career coaching, clinical supervision and learning and development opportunities. The remainder of the time is for self-directed CPD, with 6 monthly reflections of learning. However, it does not cover core training requirements such as Child Safeguarding or Basic Life Support Training.

NHSE are keen that some of your learning includes:

- Practice Management
- QI Learning
- Leadership opportunities/ shadowing
- Remote working learning.

Some of these will be covered at the South West Primary Care Academy, nationally and

some locally. Details will be in the monthly newsletter.

The fellowship payment, £10,000 pro rata, will be subject to tax and NHS pension NHSE/I also fund a 30% supplement to cover the employer's on costs.

<b>No. of sessions worked per week</b>	<b>Fellowship CPD sessions reimbursed per month</b>
8	4
7	3.5
6	3
5	2.5
4	2

### **Courses and learning**

As a Somerset GP Fellow, you will have funded membership to the SGPET, which enables you to tailor your CPD learning. It includes access to First Five evening meetings, update courses and online resources such as [SGPET: Anytime learning landing page \(somersetgpeducationtrust.co.uk\)](https://somersetgpeducationtrust.co.uk). As a way

of signposting to other opportunities, there will be a monthly newsletter for our Somerset GP Fellows.

### Useful resources

- The National Association for Sessional GPs provides useful resources for sessional (locum and salaried) GPs
- Facebook groups - Resilient GP, Tiko's GP group, Physicians mums UK (PMUK), NASGP locum and salaried GPs, Emma's Doctors with Dogs
- Podcasts- Clinical: NB medical education, 2 Paeds in a Pod, RCGP Essential Knowledge, BMJ Podcast
- Non-Clinical - The GP Podcast by Ockham Healthcare for all the latest on changes in GP, BBC radio 4 Inside Health and You are not a Frog
- Somerset LMC website and weekly newsletter.
- Red whale updates including their free updates [GP Update - Latest Updates \(gp-update.co.uk\)](https://gp-update.co.uk)
- [OpenAthens | Registration \(nice.org.uk\)](https://openathens.nice.org.uk) Free sign up- includes BMJ learning.
- [Acronyms of General Practice - eGPlearning](https://eGPlearning.acronyms.org)- excellent overview.

## 3. Portfolio working

### Career development

The Training Hub, alongside the Primary Care Academy in the South West will provide learning and development opportunities, with an emphasis on wider working across the PCN or other sectors. Opportunities may also develop through project work, shadowing, developing a service, or self-directed education in an area of clinical interest

If your interests change please let us know. We have noted some of your initial thoughts and have provided contacts in event medicine, occupational medicine, oncology, coil training, MSK injections, IMG specialist support role, educational opportunities within the training hub and Bristol University.

### Stages of the Fellowship



### Funding

A letter will be sent to practices with regards to payment via your practices. Please let the Training Hub in advance of any changes to your sessions, as they are paid in advance as a quarterly payment.

### Contact details.

For any questions relating to the course please contact Dr Catherine Ievers - [catherine.ievers1@nhs.net](mailto:catherine.ievers1@nhs.net).