

## Asthma Diagnosis with Spirometry and QOF

Dear all,

There has been some confusion regarding asthma diagnosis and the perceived need to use spirometry reversibility to do so. This may account for high probability patients who should be treated, being sent for reversibility testing via spirometry (pre-pandemic)?

This aside, you DON'T need spirometry just evidence of variability. This can be done easily with serial peak flow measurements whilst treating, alongside a good history. QOF states;

AST002 The percentage of patients aged 8 or over with asthma (diagnosed on or after 1 April 2006), on the register, with measures of variability or reversibility recorded between 3 months before and anytime after diagnosis

“Or” being the operative word. If you look at the third drop down box on the Arden's template on the diagnostic section, you will see many ways to record this.

I hope this helps.

Don't forget I'm always available for advice and guidance for airways disease, just use the contact details below.

Kind Regards

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