THINKING PITSTOPS™ SOMERSET

primary care

Thinking Pitstops – Learning Journey

Rookie
half day training

To become a Thinking Pitstops Rookie you attend an on-line half day training in a group setting. The training offers theory, observation and opportunity to practice. The training is experiential, therefore, sessions are live as opposed to recorded. Rookies can start facilitating Thinking Pitstops straight after the training.

+ 3 hours

Crew
3 additional hours scheduled individually with your Spotter

After you attend the training, you have the opportunity to receive personalised input from a Spotter to take your practice to the next level. Becoming Crew after the training is highly recommended. To become Crew, you have 3 practice hours with your Spotter (1 hour session followed by a 2 hour session).
After the additional personalised input, Crew become really confident and competent to facilitate Thinking Pitstops.

+2 hours

Spotter
Crew who have facilitated 20 Thinking Pitstops can become Spotters with 2 additional hours of training

Once you are Crew, and have logged 20 Thinking Pitstops in your workbook you are eligible to become a Spotter. Spotters support colleagues on their learning journey from Rookie to Crew. The Spotter training is a 2 hour interactive training session. Spotters tell us that they find the experience of supporting others in their Thinking Pitstops learning journey fulfilling.

Thinking Pitstops – Autumn Calendar

Rookie
half day training

Thursday	21 Oct	9.30 am to 1.30 pm
Wednesday	3 Nov	9.30am to 1.30 pm
Tuesday	16 Nov	9.30am to 1.30 pm

Crew

Scheduled individually with your Spotter to fit your schedule
3 hours, format: first session 1h. Second session 2 h.

Spotter

Tues 19 Oct 11.00 am to 1.00pm
For Rookies / Crew trained in Spring wanting to support Rookies in Oct & Nov

Tuesday 9 Nov 9.30 to 11.30pm

People already trained as Spotters who would like a refresher are welcome to join

Gathering / Clinics – on going community of practice support.
All who have trained are welcome for all or part of the sessions

Friday 8 Oct 10.00am to 12.00