











The Wounded Healer in times of COVID: looking after each other through adversity Thursday 23 July 2020: 12.30 – 3.30pm

#### **DRAFT PROGRAMME**

12.30 – 12.40pm	Introduction and welcome Dr Clare Gerada, NHS Practitioner Health medical director and Dr David Wrigley, BMA deputy council chair
12.40 – 1.10pm	The pandemic imagination: between science, history and public health Mark Honigsbaum, City University London lecturer in journalism and author of 'The Pandemic Century: One hundred years of panic, hysteria and hubris'
1.10 – 1.40pm	International perspective: the Barcelona experience Dr Gustavo Tolchinsky, internal medicine specialist and Barcelona Medical Association secretary
1.40 – 2.10pm	Supporting healthcare staff's mental health during COVID-19 Professor Neil Greenberg, professor of defence mental health, Institute of Psychiatry, Psychology and Neuroscience, King's College London
2.10 – 2.20pm	BREAK: music from NHS Chorus-19 led by Anna Lapwood
2.20 – 2.50pm	Breakout sessions: attendees to select one from the below

#### Moral injury

Professor Neil Greenberg, professor of defence mental health, Institute of Psychiatry, Psychology and Neuroscience, King's College London

## Rainbows: Responses and Representations over time to the trauma of COVID-19

Ms Jennifer Davids, adult, child and adolescent psychoanalyst, British Psychoanalytical Society

#### **Bereavement and loss**

Dr Eleanor Cole, consultant psychiatrist and Dr Claire Gallagher, GP and cognitive behavioural therapist, NHS Practitioner Health

### Survival and psychological defences employed

Dr Jo Stubley, consultant medical psychotherapist, psychoanalyst and lead clinician, Tavistock Trauma Service, Tavistock and Portman NHS Trust

## Protecting our colleagues: BAME doctors and IMGs

Professor JS Bamrah, consultant psychiatrist, Greater Manchester Mental Health NHS Foundation Trust

## Protecting our colleagues: junior doctors

Dr Josie Cheetham, BMA Welsh junior doctors committee chair and Dr Matt Tuck, BMA UK JDC deputy chair

# Protecting our colleagues: retired doctors returning to work

Professor Maureen Baker, Professional Record Standards Body chair and former RCGP chair

2.50 – 3.30pm Panel discussion: learning from COVID-19

Chaired by Dr Clare Gerada and Dr David Wrigley

Professor Michael Myers, professor of clinical psychiatry, SUNY Downstate Health Sciences

University, Brooklyn, New York

The Rt Hon Anna Soubry, former MP, criminal barrister and journalist

3.30pm Close