



Somerset Multi-disciplinary Primary Care Respiratory Update Day

Wednesday 13th November 2019

Monks Yard, Horton Manor, Horton Cross, Ilminster TA19 9PY

Time	Topic
09.30	Welcome & Housekeeping <i>Dr Ian Boyland (SGPET Vice Chair & GP) & Dr Jill Wilson (Somerset Training Programme Director)</i> Admission figures / prescribing data / winter pressures data – what is happening in Somerset <i>Steve Holmes (GP, Park Medical Practice, previous BTS / SIGN Asthma Guideline exec)</i>
09.40	Asthma – an update on diagnosis and management linking to latest guidelines <i>Steve Holmes</i>
10.20	COPD – an update on diagnosis and management linking to latest guidelines <i>Steve Holmes</i>
11.00	Coffee
11.30	<u>Cases – a case to manage</u> <ul style="list-style-type: none"> • A COPD patient (diagnosed in hospital) – and getting gradually more breathless...is it COPD or something else? • Exercise induced asthma – what is it? What can confuse the picture? How should we manage it? • I just need another course of antibiotics and steroids my COPD exacerbation symptoms aren't better yet. • Reviewing COPD – should we just deal with the lungs (or consider the heart, brain, bones and other parts too)? • Reviewing Asthma – getting to the bottom of the problem – a patient with adherence problems linked to health beliefs including "I love my blue inhaler"
13.00	Lunch
13.50	(Workshop 1) Inhaler device – how good are we with inhalers? How good are we at convincing patients to change their practice? What are the issues?
14.20	(Workshop 2) More detail – if it isn't Asthma / COPD what else might it be? More detail on ILD / Bronchiectasis / PE / ILO / detecting anxiety / deconditioning and the impact of obesity
14.50	Tea
15.20	(Workshop 3) Hot Topics - Vaping update / Lung cancer symptoms and making a difference
15.50	Q & A / formal closing remarks
16.30	Close