

'Fit for Frailty'

Coming together to improve the Care of Frail Older People

You are invited to attend an interactive half day workshop for Health and Social Care Providers with a focus on multimorbidity, falls, dementia and emergency care planning

13.30 - 16.30 In ONE of 4 localities in Somerset

9 October - The Canalside, Bridgwater
16 October - Taunton Racecourse, Taunton
6 November - Frog Mary Farm, South Petherton
12 February 2019 - Wells Connect Centre, Wells

Aims: To improve care of frail older people through the opportunities in the workshop to:

- Objective Discuss and share national and local best practice
- Better **understand each other's approach** to the care of frail and vulnerable people in the community
- Identify problems and look at ways to overcome them and identify ways we can work together
- Commit to important first steps and follow up

BOOKING:

For Somerset GP Practices please book on line via the website <u>www.somersetgpeducationtrust.co.uk</u>

For other professionals, please email Erica Baily to reserve your place : <u>erica.baily@nhs.net</u>

Please note places are provided free with support from SCEPN and pharmaceutical companies but are limited to two per practice/organisation. Book early to avoid disappointment.

Light lunch will be provided



This event will be free to attend but future events may have a charge for non SGPET Members If you have any queries please phone to discuss 01823 331428