



The Bridge Sexual Assault Referral Centre - Conference 2016

Meeting the medical, psychological and social impact of rape and sexual assault: a biopsychosocial framework to promote long-term wellbeing

Sexual violence is a systemic problem. Its causes and consequences challenge us to think about bodies and psychology at the individual and social levels. Professionals working in health, social care, education and other diverse settings are receiving increasing numbers of disclosures – and frequently feel ill-equipped to offer an adequate response.

This one day conference will explore how a biopsychosocial framework can help professionals and agencies to offer a joined up response that attends to the medical, psychological and social impact of rape and sexual assault. This approach can ensure that we, individually, as agencies and as a society make it possible for people to speak when they have been abused and then offer a response that meets individual needs and promotes long-term wellbeing.

The conference will cover:

- The impact of sexual assault on the body, medical considerations, and the role of the forensic medical examiner.
- The interconnections between body, mind and social context in understanding sexual violence and its effects.
- The relationship between sexual trauma and poor mental health.
- Sexual violence in relation to constructions of sexual fantasy and desire.
- Survivors' voices and the experience of post-traumatic growth.
- Challenging gender based violence – learning how to speak about rape and sexual assault.
- Innovation in collaborative multi-agency working.
- Obstacles, solutions and action planning to develop better responses to disclosure.

Who should attend:

- Professionals working in health, social care, education or any other context where they might receive a disclosure of sexual violence.
- Community and voluntary sector agencies delivering services to clients who may have experienced sexual violence.
- Commissioners and policy makers.
- Anyone interested in improving multi-agency pathways that better meet the needs of people who have been raped or sexually assaulted.
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Speakers and Chairs will include:

- Dr Louise Newbury, Consultant Paediatrician and forensic examiner
- Dr Nikki Kiyimba, Clinical Psychologist and Senior Lecturer, Chester University
- Iduna Shah-Beckley, Counselling Psychologist (pre-accreditation)
- Daniel Wolstencroft, Shatter Boys UK and member of The Victims and Survivors' Consultative Panel for the National Independent Inquiry into Child Sexual Abuse
- Mary Prior, Lord-Lieutenant of the County and City of Bristol
- Integrate Bristol
- Robert Woolley, Chief Executive of University Hospitals Bristol NHS Foundation Trust
- Jayne Storey, Student Services Manager, University of the West of England
- Mark Ames, Director of Student Services, University of Bristol

To book please complete the attached form and email to: ubh-tr.thebridgecanhelp@nhs.net

Date: 16th November 2016

Time: 9am registration for 9.30 start. 4.30pm finish

Location: Double Tree by Hilton Hotel, Bristol City Centre

<http://doubletree3.hilton.com/en/hotels/united-kingdom/doubletree-by-hilton-hotel-bristol-city-centre-BRSRWDI/maps-directions/index.html> .

Cost: Early bird rate, £100 (available until 31st July 2016)

Bookings after that date will be charged at £125

The price includes lunch and refreshments throughout the day.

Sponsorship for the conference has kindly been provided by

