**Somerset Covid-19 Rapid Training Guide for GPs - TABLE**

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| **IDFENTIFY LEARNING NEEDS BY ASKING YOURSELF:**  **Do I know how to?** | **YES,**  **NO or N/A** | **THESE RESOURCES OF INFORMATION, ADVICE, GUIDANCE AND LEARNING CAN HELP YOU ADDRESS YOUR LEARNING NEEDS** |
| **Clinical Assessment and Management** | | |
| Clinically assess and manage Covid-19 in the community. |  | Refer to: [NHSE/I Guidance and standard operating procedures. General practice in the context of coronavirus (COVID-19)](https://www.england.nhs.uk/coronavirus/wp-content/uploads/sites/52/2020/03/C0133-COVID-19-Primary-Care-SOP-GP-practice_V2.1_6-April.pdf)  Quick read: [Red Whale GEMS -COVID-19: Standard operating procedures (SOPs) for primary care](https://www.gp-update.co.uk/SM4/Mutable/Uploads/pdf_file/COVID-SOPs-15-April_-21.04.20.pdf) 15.4.20  Quick read: [Red Whale, GEMS protocol. This is not a guideline but is informed by authoritative advice](https://www.gp-update.co.uk/SM4/Mutable/Uploads/pdf_file/Clinical-assesment-and-management-of-COVID-19-in-the-community-updated-08_1.pdf) 8.4.20  Quick read: [BMJ article Coronavirus disease 2019 (covid-19): a guide for UK GPs](https://www.bmj.com/content/368/bmj.m800)  Quick read: [BMJ Visual Summary: What should I do if I suspect patient may have coronavirus disease?](https://sandpit.bmj.com/graphics/2020/covid19_v3.0_web.pdf)  Online learning: [NB Medical education free on-demand webinar in three 30 minute modules](https://www.nbmedical.com/)  Online learning: [Covid-19 Management in a Primary Care Hub **-** Experience from Harrow Hot Hub](https://www.youtube.com/watch?v=r0Xy4ew8ws4&feature=youtu.be), 8 minute video from 6.4.20  Refer to: [COVID-19 rapid guideline : managing symptoms in the community](https://www.nice.org.uk/guidance/ng163): NICE guideline [NG163]  Refer to: [COVID-19 rapid guideline: managing suspected or confirmed pneumonia in adults in the community](https://www.nice.org.uk/guidance/ng165). NICE guideline [NG165] |
| Make decisions about which patients unwell with suspected Covid-19 require hospital admission.  Discuss risks, benefits and options with patients, families, carers and specialist colleagues. |  | Quick read:: Somerset pathways for assessment  [**Pages 14-19 Somerset Primary Care Guidance**](https://www.somersetlmc.co.uk/somersetprimarycareguidanceduringthecovid19pandemic)  Quick read: Visual summary- Hospital admission decision making aid for Somerset  [**Page 15 Somerset Primary Care Guidance**](https://www.somersetlmc.co.uk/somersetprimarycareguidanceduringthecovid19pandemic)  Online learning: [SGPET video tutorial - Treatment Escalation Planning Conversations](https://www.somersetgpeducationtrust.co.uk/events)  Online learning: [SGPET video tutorial Assessment and decisions about place of care for those with suspected Covid-19](https://www.somersetgpeducationtrust.co.uk/events) |
| Manage Covid-19 patients at the end of life in the community |  | Refer to: Somerset plans for end of life care in the community  [**Pages 36-53 Somerset Primary Care Guidance**](https://www.somersetlmc.co.uk/somersetprimarycareguidanceduringthecovid19pandemic)  Refer to: [COVID-19 rapid guideline: managing symptoms (including at the end of life) in the community](https://www.nice.org.uk/guidance/ng163) NICE guideline [NG163]  Online learning: [SGPET series of video tutorials from local specialists on the Somerset Covid-19 End of Life group](https://www.somersetgpeducationtrust.co.uk/events). Topics covered include:  Overview. TEP conversations. Clinical Assessment. Managing Symptoms. Care of the Dying Person. After Death Care. Professional Wellbeing  Refer to: [A guide to End of Life Care symptom control when a person is dying from COVID19](https://elearning.rcgp.org.uk/pluginfile.php/149342/mod_resource/content/1/COVID%20Community%20symptom%20control%20and%20end%20of%20life%20care%20for%20General%20Practice%20FINAL.PDF) prepared by the RCGP & the Association for Palliative Medicine |
| Advise and manage patients with chronic respiratory disease during Covid-19 |  | Quick read: [Red Whale GEMS protocol: Managing respiratory disease during COVID-19](https://www.gp-update.co.uk/SM4/Mutable/Uploads/pdf_file/Clinical-assesment-and-management-of-COVID-19-in-the-community-updated-08_1.pdf)  Quick read: [Primary Care Respiratory Society’s, PCRS Pragmatic Guidance for crisis management of asthma and COPD during the UK Covid-19 epidemic](https://www.pcrs-uk.org/resource/pragmatic-guidance-crisis-management-asthma-and-copd-during-uk-covid-19-epidemic)  Online learning: 30 minute module from RCGP- [Managing Patients with Chronic Respiratory Problems in Primary Care During the Coronavirus Pandemic](https://elearning.rcgp.org.uk/theme/image.php/rcgpcourse/theme/1587552156/favicon) |
| Adhere to new guidance about death certification during coronavirus outbreak |  | Refer to: Somerset LMC guidance and visual summary- [Covid-19 Death Certification and Cremation](https://www.somersetlmc.co.uk/covid19deathcertificationandcremation)  Online learning: COVID-19. [After death care in Somerset](https://www.somersetgpeducationtrust.co.uk/events)  Downloadable slide set  Quick read: [Red Whale GEMS - COVID-19: Death in the community](https://www.gp-update.co.uk/SM4/Mutable/Uploads/pdf_file/COVID-19_The-Coronovirus-Act-2020-Death-certification-16.04.20-V2.pdf) Updated 15/4/2020.  Online learning: [View RCGP 5 minute screencast summarising the latest changes in death certification, in response to COVID-19](https://elearning.rcgp.org.uk/course/view.php?id=378) |
| **Remote Consultation and Triaging** | | |
| Carry out telephone triage and telephone consultation |  | Online learning: SGPET [Rapid Induction into Telephone Triage 30 minute video tutorial](https://www.somersetgpeducationtrust.co.uk/events/10808).  Online learning: [SGPET series of additional video tutorials about the five steps of telephone triage](https://www.somersetgpeducationtrust.co.uk/events). |
| Carry out a high quality video consultation |  | Read: Quick pictorial guide [Video consultation](https://elearning.rcgp.org.uk/pluginfile.php/148915/mod_resource/content/3/NHS_VC_Info%20for%20GPs_v06.pdf)  [information for GPs](https://elearning.rcgp.org.uk/pluginfile.php/148915/mod_resource/content/3/NHS_VC_Info%20for%20GPs_v06.pdf) |
| Carry out a “query Covid” consultation remotely |  | Quick read: [BMJ article Covid-19: a remote assessment in primary care](https://www.bmj.com/content/368/bmj.m1182), 25.3.20  Quick read: [Covid-19: BMJ Visual summary to assessing patients by video or voice call](https://www.bmj.com/content/bmj/suppl/2020/03/24/bmj.m1182.DC1/gret055914.fi.pdf)  Online learning: [RCGP Telephone Triage series of 4 podcasts](https://elearning.rcgp.org.uk/mod/page/view.php?id=10558) 7-12 mins long which cover general points and specific Covid 19 scenarios. |
| Use EMIS to  carry out and record remote consultations |  | Online learning: [NHS South, Central and West Commissioning Support Unit's new EMIS training videos](https://training.scwcsu.nhs.uk/login). Registration needed |
| Carry out telephone triage and consultation with translation service |  | Refer to: Somerset CCG advice on use of Language Empire translation services during Covid-19 outbreak.  **[Page 13 of Somerset Primary care Guidance](https://www.somersetlmc.co.uk/somersetprimarycareguidanceduringthecovid19pandemic)** |
| **Infection Prevention and Control** | | |
| Find up to date online national guidance |  | Refer to Public Health England updated online resources [COVID-19: infection prevention and control (IPC)](https://www.gov.uk/government/publications/wuhan-novel-coronavirus-infection-prevention-and-control) |
| Advise patients with Covid-19 symptoms on self-isolation |  | Refer to: Public Health England Stay at home: [guidance for households with possible coronavirus (COVID-19) infection](https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection). |
| Advise vulnerable patients and their families about shielding |  | Refer to: Public Health England: COVID-19: [guidance on shielding and protecting people defined on medical grounds as extremely vulnerable](https://www.gov.uk/government/publications/guidance-on-shielding-and-protecting-extremely-vulnerable-persons-from-covid-19). |
| When and how to use Personal Protective Equipment PPE |  | Refer to: Public Health England guidance [COVID-19 personal protective equipment (PPE)](https://www.gov.uk/government/publications/wuhan-novel-coronavirus-infection-prevention-and-control/covid-19-personal-protective-equipment-ppe). Includes list of procedures are currently considered to be potentially infectious AGPs for COVID-19.  Quick read: Public Health England visual summary [Recommended PPE for primary, outpatient, community](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/878750/T2_poster_Recommended_PPE_for_primary__outpatient__community_and_social_care_by_setting.pdf)  [and social care by setting, NHS and independent sector](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/878750/T2_poster_Recommended_PPE_for_primary__outpatient__community_and_social_care_by_setting.pdf)  Quick read: Public Health England Visual Summary [Putting on personal protective equipment (PPE)](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/878677/PHE_11606_Putting_on_PPE_062_revised_8_April.pdf)  [for non-aerosol generating procedures (AGPs](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/878677/PHE_11606_Putting_on_PPE_062_revised_8_April.pdf)**[)](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/878677/PHE_11606_Putting_on_PPE_062_revised_8_April.pdf)**  Quick read: Public Health England Visual Summary [Taking off personal protective equipment (PPE)](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/878678/PHE_11606_Taking_off_PPE_064_revised_8_April.pdf)  [for non-aerosol generating procedures (AGPs)](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/878678/PHE_11606_Taking_off_PPE_064_revised_8_April.pdf)  Online learning: Public Health England video- [Putting on and Taking off PPE, a guide for health and social care settings](https://www.youtube.com/watch?v=-GncQ_ed-9w&feature=youtu.be) |
| **Professional Wellbeing during the pandemic** | | |
| Follow some simple ways of looking after myself  Get local advice and help  Get national advice and help |  | Quick Read: [Top Tips for Own Health](https://www.somersetgpeducationtrust.co.uk/email18245) by Dr Andrew Tresidder  Online learning: [Looking after Your Professional Heath, Parts 1&2](https://www.somersetgpeducationtrust.co.uk/events). Video presentations and slide sets  Online learning: [Use Wellbeing Apps now free to use for all NHS staff](https://www.practitionerhealth.nhs.uk/covid-19-workforce-wellbeing): - Unmind (mental health platform) - Headspace (mindfulness & meditation) - Sleepio (sleep improvement programme) - Daylight (for worry and anxiety)  Online learning: NHS Practitioner Health has links to useful [short videos on Doctors’ Emotional Wellbeing](https://www.practitionerhealth.nhs.uk/covid-19-workforce-wellbeing-videos) to help you understand range of reactions we can all have to Covid-19.  Quick read: Visual summary from NHS Education Scotland with [information on Stress, Coping and Resilience](https://learn.nes.nhs.scot/28409/quality-improvement-zone/learning-programmes/scottish-quality-and-safety-sqs-fellowship-programme/stress-coping-and-resilience-poster) in this pandemic..  Refer to: Somerset Local Medical Committee [Pastoral support services](https://www.somersetlmc.co.uk/gpsupport) and [Somerset GP Safe House](https://www.somersetsafehouse.co.uk/) website  Refer to: NHS Practitioner Health, NHSPH, [Covid-19 Workforce Wellbeing pages for help and support](https://www.practitionerhealth.nhs.uk/covid-19-workforce-wellbeing) including Wellbeing Resources, Support Service & Access to therapy, Events, Videos, Webinars & Podcasts, Wellbeing Apps.  Text: NHSPH to 8528 for 24/7 support in a crisis  Refer to: BMA guidance -[Your wellbeing during the COVID-19 pandemic](https://www.bma.org.uk/advice-and-support/covid-19/your-health-and-wellbeing/covid19-your-wellbeing) |
| Use an ethical framework to help me make challenging decisions |  | Refer to: [RCGP Ethical Guidance on COVID-19 and Primary Care](https://elearning.rcgp.org.uk/mod/page/view.php?id=10557) which, provides a summary of the guiding principles of the Government’s 2017 framework informing the strategic aspects of decision making during a pandemic and is also consistent with the relevant [BMA COVID-19 ethics guidance](https://www.bma.org.uk/advice-and-support/covid-19/ethics/covid-19-ethical-issues). |
| **Keeping Up to date about Covid-19** | | |
| Use online resources to keep informed and up to date |  | [NHSE/I coronavirus webpages for primary care](https://www.england.nhs.uk/coronavirus/primary-care/) professionals  Refer to: [Coronavirus (Covid-19) online programme](https://www.e-lfh.org.uk/programmes/coronavirus/)created by Health Education England e-Learning for Healthcare (HEE e-LfH).  .  Refer to:[RCGP Covid-19 Resource Hub](https://elearning.rcgp.org.uk/course/view.php?id=373)  Refer to[: BMJ's Coronavirus (covid-19) Hub](https://www.bmj.com/coronavirus)  Online learning: [SGPET Covid-19 online learning resources](https://www.somersetgpeducationtrust.co.uk/events)  Online learning: [NB Medical education - regular Covid-19 Information podcasts](https://www.nbmedical.com/NBPodcasts) |
| **Managing other patient risks, conditions and problems safely and appropriately** | | |
| Prioritise workload to maintain essential patient health while safely deferring or altering other work |  | Refer to: [RCGP Guidance on workload prioritisation during COVID-19](https://www.rcgp.org.uk/-/media/Files/Policy/A-Z-policy/2020/covid19/RCGP-guidance/202003233RCGPGuidanceprioritisationroutineworkduringCovidFINAL.ashx) |
| Avoid problems that any acute illness can cause to patients with some long term conditions and on certain mediations |  | Quick read: Red Whale GEMS - [Drug/disease pitfalls to avoid during *any* acute illness during COVID-19 epidemic](https://www.gp-update.co.uk/SM4/Mutable/Uploads/pdf_file/GEMS-drug-and-disease-monitoring-.pdf) |
| Give safe and effective telephone advice about contraception and abortion during Covid-19 |  | Refer to: [FSRH Position: Essential Sexual and Reproductive Healthcare Services during COVID-19](https://www.fsrh.org/documents/fsrh-position-essential-srh-services-during-covid-19-march-2020/)  Quick read: Red Whale GEMS- [Remote consultations: COVID-19, contraception and abortion](https://www.gp-update.co.uk/SM4/Mutable/Uploads/pdf_file/Covid-contraception-Revised-06_1.pdf) |
| Continue to ensure effective safeguarding of children and adults during Covid-19  Update my knowledge and skills in Safeguarding Children  Update my knowledge and skills in Safeguarding Adults  Update my knowledge and skills about Mental Capacity |  | Quick read: Safeguarding children and adults in Somerset during Covid-19  [**Pages 24-29 Somerset Primary Care Guidance**](https://www.somersetlmc.co.uk/somersetprimarycareguidanceduringthecovid19pandemic)  Refer to: Somerset CCG webpages- [Safeguarding children, Safeguarding Adults and Children Looked After Team](https://somersetccg.nhs.uk/favicon.ico)  Online learning: Health Education England e-Learning for Healthcare, e-LfH - [Safeguarding Children Level 3](https://www.e-lfh.org.uk/programmes/safeguarding-children/) for maintaining and updating competences  Online learning: Health Education England e-Learning for Healthcare, e-LfH - [Safeguarding Adults Level 1](https://portal.e-lfh.org.uk/Catalogue/Index?HierarchyId=0_45016&programmeId=45016)  Online learning: Health Education England e-Learning for Healthcare, e-LfH - [Mental Capacity](https://portal.e-lfh.org.uk/Catalogue/Index?HierarchyId=0_45016&programmeId=45016) |
| Update my skills in adult resuscitation. |  | Online learning: [Resuscitation Adult Level 2](https://portal.e-lfh.org.uk/Component/Details/610089) - session meets the statutory and mandatory training requirements and learning outcomes for Resuscitation Adult Level 2 in the UK Core Skills Training Framework (UK CSTF). |
| Assess and manage common and important non-Covid patient problems and conditions |  | RCGP [Essential Knowledge Update](https://elearning.rcgp.org.uk/course/index.php?categoryid=2) online learning programme is now freely available to all GPs until 30 June 2020.  [Red Whale](https://gpcpd.com/login_register) - Lifelong Learning for Primary Care are now giving 3 months access free to all clinicians. If you are not currently a GPCPD member, follow the link and enter the activation code RWGIFT  [Fourteen Fish Covid 19 Hub](https://www.fourteenfish.com./) gives free access to whole GP library for all returning GPs. GPs returning under national scheme will automatically receive emails about this offer. Those returning via local scheme can obtain access via Somerset Training Hubs [lmc.sgpet@nhs.net](mailto:lmc.sgpet@nhs.net) |

Dr Martyn Hughes and Dr Bridget Carne Somerset Training Hub 22.04.20

[martyn.hughes@nhs.net](mailto:martyn.hughes@nhs.net)