

Mental Health Study Day

Managing Depression and Dementia



Dillington House
Wednesday 27th May 2010

Programme

8.45-9.20 Registration and Coffee

9.20 Introduction

Dr Tony Wright

Depression –Why can't we do better?

Dr Chris Mortimore Consultant in Old Age Psychiatry

Dementia-How will we cope in the Future

Dr Ian Porter Consultant In Adult Psychiatry

Promoting Mental Health – Another Way?

Louise Finnis Public Health, NHS Somerset

10.00 Case Discussions, Sharing with Colleagues, Expert Advice

Stream 1-Adult

New Onset Depression *Dr Chris Mortimore and Dr Tom Cant*

Stream 2– Old Age

Elderly Depression *Dr Ian Porter*

11.00 Coffee

11.15 Case Discussions, Sharing with Colleagues, Expert Advice

Stream 1-Adult

Chronic Depression *Dr Chris Mortimore and Dr Tom Cant*

Stream 2– Old Age

Dementia *Dr Ian Porter*

12.15 Five Steps to Promoting Mental Health

Louise Finnis Health Promotion Manager Mental Health

12.35 Information Stands

Voluntary and Other Agencies

Pharmaceutical Representatives

13.00 LUNCH

13.45 Case Discussions, Sharing with Colleagues, Expert Advice

Stream 1-Adult

New Onset Depression *Dr Chris Mortimore and Dr Tom Cant*

Stream 2– Old Age

Elderly Depression *Dr Ian Porter*

14.45 Tea

13.45 Case Discussions, Sharing with Colleagues, Expert Advice

Stream 1-Adult

New Onset Depression *Dr Chris Mortimore and Dr Tom Cant*

Stream 2– Old Age

Elderly Depression *Dr Ian Porter*

16.00 Key action points – what I/my organisation will do differently because of today

Dr Chris Mortimore, Dr Ian Porter, Louise Finnis

16.20 Summary and Evaluation

16.30 Close