



# **MENTAL HEALTH STUDY DAY MANAGING DEPRESSION AND DEMENTIA**

**Thursday 27th May 2010  
Dillington House Ilminster  
9.00 am - 4.30pm**

## **Objectives:**

**By the end of the course participants will feel more confident in managing patients with depression and dementia and in particular:**

- Making use of NICE guidance, best evidence, screening tools and local referral pathways in making a diagnosis, assessing risk and instigating treatments
- Providing long term mental and physical health care for patients with chronic depression or dementia and support for their carers
- Managing crises and emergencies
- Working more effectively together with other involved local health and social care professionals and organisations
- Being more aware of local initiatives to promote emotional wellbeing and how best to make use of them

## **People:**

### **SGPET GP Tutors/facilitators:**

Dr Tony Wright, Dr John Edwards, Dr Sarah Thomas, Dr Martyn Hughes

### **Expert Resources:**

Dr Chris Mortimore Consultant in Adult Psychiatry, Somerset Partnership

Dr Ian Porter, Consultant in Old Age Psychiatry, Somerset Partnership

Dr Tom Cant, ST5 Adult Psychiatry, Somerset Partnership

Louise Finnis, Health Promotion Manager in Mental Health, Public Health, NHS Somerset

### **Information resources:**

There will be a room containing stands with the pharmaceutical representatives who are supporting the day, and participants will be invited to speak to them at break times. In an adjoining room there will be a number of local relevant health and social care agencies and services (statutory and voluntary) in order to raise awareness and develop working relationships.

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### **Booking Form: Please return by Friday 14th May 2010.**

Name: \_\_\_\_\_ Daytime Telephone No: \_\_\_\_\_

Address \_\_\_\_\_

E-mail address \_\_\_\_\_

Diet/Access Requirements: \_\_\_\_\_

I am covered by SGPET Membership                      Yes                      No

If **No** please enclose a Cheque for £80.00 per person

I enclose a cheque for £..... Made payable to Somerset GP Education Trust

Please return booking form and remittance to : SGPET, c/o Somerset LMC, Crown Medical Centre, Venture Way, Taunton, TA2 8QY. Fax 01823 338561. Or e-mail [sgpet@somerset.nhs.uk](mailto:sgpet@somerset.nhs.uk)

**If any further information is required please telephone 07833 400960 or the LMC office 01823 331428 or e mail [sgpet@somerset.nhs.uk](mailto:sgpet@somerset.nhs.uk) / [lmcoffice@somerset.nhs.uk](mailto:lmcoffice@somerset.nhs.uk)**